**Comparative Health Systems- London- May 2023**

**Travel Day to London- May 20, 2023**

All students will make their own travel arrangements to London. If students want to travel with me I will travel from Spokane and will provide students with my flight details (time/airline). It’s important that all students arrive by 1 pm Sunday May 21. You will receive more information about travel/transport from the airport to the hotel later. Many students stay on after the trip and see more of the UK. I encourage that!

**Daily Itinerary and Services**

**Day 1**      Sun 21 May 2022     London

* Independent arrivals into London- arrive no later than 1:00 p.m.- Cost from airport to hotel ~$10.
* Check into Hotel- Holiday Inn Express London - Limehouse
* Welcome Dinner - Local London Restaurant - accompanied by Guide
* Receive 7 Day Travelcard - Zones 1&2 - London Travelcard
* Overnight in Standard Room at Holiday Inn Express London - Limehouse

**Day 2**     Mon 22 May 2023     London

* Breakfast at hotel
* Adult Admission - The Old Operating Theatre Museum and Herb Garret
  + Hidden in the roof of a church, the 300-year-old herb garret houses Britain’s only surviving 19th-century operating theatre. Get an insight into what surgery was like in the pre-anesthetics era at the Old Operating Theatre Museum and Herb Garret.  
    Discover the historic operating theatre, hidden at the top of an old church, and learn about past operating techniques and practices.
* Local guide for Walking Tour on "The Making of Thoroughly Modern Medicine"
* Overnight in Standard Room at Holiday Inn Express London - Limehouse or similar

**Day 3**      Tue 23 May 2023     London

* Breakfast at hotel
* Local guide for walking tour
  + A 2003 poll of British doctors voted 19th century Dr. John Snow the greatest doctor of all time. It was his pioneering techniques of mapping the spread of disease which led to, among other things, the discovery that cholera is spread via contaminated water and food. His medical mapping techniques are the foundation of today's understanding of the spread of diseases such as AIDS, and now Covid-19! We take a 3-hour walking tour following in the steps of Dr. Snow as he tracked the 1849 cholera outbreak along the River Thames and identified the offending water pump located on Broadwick Street..
* Half Day Study Tour Visit - Lecture on NHS – past, present and future.
  + A half day Study Tour Visit is arranged with one of our professional partners.
* Overnight in Standard Room at Holiday Inn Express London - Limehouse or similar

**Day 4**      Wed 24 May 2023     London

* Breakfast at hotel
* Adult Admission - Wellcome Collection
  + Wellcome Collection is a free museum, which invites everyone to challenge how they think and feel about health. The museum's permanent galleries connect science, medicine, life and art in thought-provoking and unexpected ways.
* Possible visit to the Royal College of Nursing or similar health/public health organization
* Overnight in Standard Room at Holiday Inn Express London - Limehouse or similar

**Day 5**      Thu 25 May 2023     London

* Breakfast at hotel
* Local guide for Full day tour
* Half Day Study Tour Visit - St Joseph's Hospice
  + A half day Study Tour Visit is arranged with one of our professional partners.
* Half Day Study Tour Visit - Lewisham Refugee & Migrant Network
  + A half day Study Tour Visit is arranged with one of our professional partners.
* Overnight in Standard Room at Holiday Inn Express London - Limehouse or similar

**Day 6**     Fri 26 May 2023     London

* Breakfast at hotel
* Half Day Study Tour Visit - Thrive LDN- mental health organization
  + A half day Study Tour Visit is arranged with one of our professional partners.
* Local guide for Walking Tour on Housing and Urban Development with Charlie Forman
* Overnight in Standard Room at Holiday Inn Express London - Limehouse or similar

**Day 7**    Sat 27 May 2023     London

* Breakfast at hotel
* Activities to be announced- We will have ½ day of scheduled activity and ½ day of time for exploration.
* Farewell Dinner - Local London Restaurant
* Overnight in Standard Room at Holiday Inn Express London - Limehouse or similar

**Day 8**     Sun 28 May 2023     London

* Breakfast at hotel
* independent departures- students are encouraged to continue exploring and traveling. Staying at local hostels is a cost-effective way to travel. Students are responsible for fare to the airport- less than $10.